

INVITATION MITOCHONDRIAL DAY 19/9 -23 WITH CONFERENCE AND MITO RACE IN STOCKHOLM



Welcome to the Mitochondrial Day on 19 September 2023 with conference and Mito-loppet, organised in Stockholm by LHON Eye Society in collaboration with Chiesi Pharma AB.

On the occasion of the Global Mitochondrial Disease Awareness Week 2023, the LHON Eye Society and Chiesi Pharma AB invite you to this activity to raise awareness of LHON among people with this diagnosis or another mitochondrial disease, family members, healthcare professionals, researchers and other interested parties who want to support people diagnosed with LHON. It also aims to promote interest in lifestyle changes, exercise and physical activity that have a positive impact on mitochondrial diseases.

Time: 19 September, 15.00-21.00.

Conference venue: Karolinska University Hospital Solna, CMMS, Anna Steckséns gata 47, conference room building L2 floor 5.

Alternatively, online participation via

link: <https://us02web.zoom.us/j/85757723479?pwd=V3QrZkJPSEM3UnNENVhGTGxkVWRSQT09>

Location Mito-loppet: Start and finish at Karolinska University Hospital Solna, CMMS, Anna Steckséns gata 47.

Registration: info@lhon.se Anmälningsavgift: 200 kr/pp

Bankgiro: 859-2933 or Swish number 1230230714.

Write: first and last name, email or phone number if you need an escort, labelled MITO race.

By registering, you support the LHON Eye Society and research on LHON.

Agenda:

15:00 - 15:10 Welcome.

Carina Lemon-Allstrin, President, LHON Eye Society and Maria Messerer, Medical Director, Chiesi Pharma AB.

15:10 - 15:40 LHON assessment and diagnostic tools

Dr Niklas Karlsson, Consultant, Eye Clinic, Örebro University Hospital

15:40 - 16:10 Overview of projects based on LHON registers

Johan Hedström, PhD student Karolinska Institutet, Leg. Optician, St Erik's Eye Hospital

16:10 - 16:35 LHON patient and carer perspective in the Nordic countries

Patient representative from Sweden (Carina Lemon-Allstrin) and Norway (Anne Mette Arntzen).

16:35 -16:50 Finnish register of visual impairment - update regarding LHON in Finland

Laura Tolkkinen and Matti Ojamo, NKL, Finland (TBC)

16:50 - 17:00 Q&A session

(Niklas Karlsson, Johan Hedström, Carina Lemon-Allstrin, Anne Mette Arntzen, Laura Tolkkinen and Matti Ojamo)

17:00 - 17:20 Break17 :20-18:00 Preparation and warm-up for the race

18:00-19:00 Mito race:

Start and finish at CMMS, Karolinska University Hospital Solna, 5.4 km in Hagaparken.

19:15 - 19:25 Physical training and the role of mitochondria

Dr Martin Engvall, CMMS, Karolinska University Hospital

19:25-19:35 Thank you and closing remarks.

Carina Lemon-Allstrin, President, LHON Eye Society and Stefan Engström, Rare Disease Manager, Chiesi Pharma AB.

19:35 Lighter dinner

Den glada restaurangen, Visionsgatan 18, Solna.

The company Chiesi Pharma AB will cover the costs of the conference and light dinner. LHON Eye Society covers the costs of the Mito race.

Map image

